

St. Bartholomew's Episcopal Church

March 29, 2026

# Palm Sunday

They took palm branches and  
went out to meet him, shouting,

“*Hosanna!*”

“Blessed is he who comes  
in the name of the Lord!”

“Blessed is the king of Israel!”

John 12:13

 llerrah.com

**Prelude** Hosanna, Loud Hosanna.....Hans - Arnold Metzger

*Celebrant* Blessed is the King who comes in the name of the Lord.

***Peace in heaven and glory in the highest.***

*Celebrant* Let us pray

Assist us mercifully with your help, O Lord God of our salvation, that we may enter with joy upon the contemplation of those mighty acts, whereby you have given us life and immortality, through Jesus Christ our Lord. *Amen.*

**Mark 11:1-11**

<sup>1</sup>When they were approaching Jerusalem, at Bethphage and Bethany, near the Mount of Olives, he sent two of his disciples <sup>2</sup>and said to them, "Go into the village ahead of you, and immediately as you enter it, you will find tied there a colt that has never been ridden; untie it and bring it. <sup>3</sup>If anyone says to you, 'Why are you doing this?' just say this, 'The Lord needs it and will send it back here immediately.'" <sup>4</sup>They went away and found a colt tied near a door, outside in the street. As they were untying it, <sup>5</sup>some of the bystanders said to them, "What are you doing, untying the colt?" <sup>6</sup>They told them what Jesus had said; and they allowed them to take it. <sup>7</sup>Then they brought the colt to Jesus and threw their cloaks on it; and he sat on it. <sup>8</sup>Many people spread their cloaks on the road, and others spread leafy branches that they had cut in the fields. <sup>9</sup>Then those who went ahead and those who followed were shouting,

"Hosanna!

Blessed is the one who comes in the name of the Lord!

<sup>10</sup>Blessed is the coming kingdom of our ancestor David!

Hosanna in the highest heaven!"

<sup>11</sup>Then he entered Jerusalem and went into the temple; and when he had looked around at everything, as it was already late, he went out to Bethany with the twelve.

*Celebrant*                    *The Lord be with you*

***People***                    ***And also with you***

*Celebrant*                    *Let us give thanks to the Lord our God*

***People***                    ***It is right to give God thanks and Praise.***

It is right to praise you, Almighty God, for the acts of love by which you have redeemed us through your Son Jesus Christ our Lord. On this day he entered the holy city of Jerusalem in triumph and was proclaimed as King of kings by those who spread their garments and branches of palm along his way. Let these branches be for us signs of his victory, and grant that we who bear them in his name may ever hail him as our King, and follow him in the way that leads to eternal life, who lives and reigns in glory with you and the Holy Spirit, now and for ever. *Amen.*

*Celebrant* Blessed is he who comes in the name of the Lord.

***People***    ***Hosanna in the highest.***

*Celebrant* *Let us go forth in peace*

***People***    ***In the name of Christ. Amen.***

***During the procession, all hold branches in their hands***

**Opening Hymn** #154 All Glory Laud and Honor (1982 Hymnal)

**Celebrant** Blessed be God: Father, Son, and Holy Spirit.

**People** **And blessed be his kingdom, now and for ever. Amen.**

**Celebrant** Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

### **Collect of the Day**

Almighty and ever living God, in your tender love for the human race you sent your Son our Savior Jesus Christ to take upon him our nature, and to suffer death upon the cross, giving us the example of his great humility: Mercifully grant that we may walk in the way of his suffering, and also share in his resurrection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

### **Isaiah 50:4-9**

<sup>4</sup>The Lord God has given me the tongue of a teacher, that I may know how to sustain the weary with a word. Morning by morning he wakens— wakens my ear to listen as those who are taught. <sup>5</sup>The Lord God has opened my ear, and I was not rebellious, I did not turn backward. <sup>6</sup>I gave my back to those who struck me, and my cheeks to those who pulled out the beard; I did not hide my face from insult and spitting. <sup>7</sup>The Lord God helps me; therefore, I have not been disgraced; therefore I have set my face like flint, and I know that I shall not be put to shame; <sup>8</sup>he who vindicates me is near. Who will contend with me? Let us stand up together. Who are my adversaries? Let them confront me. <sup>9</sup>It is the Lord God who helps me; who will declare me guilty? All of them will wear out like a garment; the moth will eat them up.

### **Psalms 31:9-16**

<sup>9</sup> **Have mercy on me, O Lord, for I am in trouble; \***

**my eye is consumed with sorrow,  
and also my throat and my belly.**

<sup>10</sup> **For my life is wasted with grief,**

**and my years with sighing; \*  
my strength fails me because of affliction,  
and my bones are consumed.**

<sup>11</sup> **I have become a reproach to all my enemies and even to my neighbors, a dismay to those of my acquaintance; \***

**when they see me in the street they avoid me.**

<sup>12</sup> **I am forgotten like a dead man, out of mind; \***

**I am as useless as a broken pot.**

<sup>13</sup> **For I have heard the whispering of the crowd; fear is all around; \***

**they put their heads together against me;  
they plot to take my life.**

<sup>14</sup> **But as for me, I have trusted in you, O Lord. \***

**I have said, "You are my God.**

<sup>15</sup> **My times are in your hand; \***

**rescue me from the hand of my enemies,  
and from those who persecute me.**

<sup>16</sup> **Make your face to shine upon your servant, \*  
and in your loving-kindness save me.”**

### **Philippians 2:5-11**

<sup>5</sup>Let the same mind be in you that was in Christ Jesus, <sup>6</sup>who, though he was in the form of God, did not regard equality with God as something to be exploited, <sup>7</sup>but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, <sup>8</sup>he humbled himself and became obedient to the point of death— even death on a cross.<sup>9</sup>Therefore God also highly exalted him and gave him the name that is above every name, <sup>10</sup>so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, <sup>11</sup>and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

**Gradual Hymn** # 663 (Celebration) Lord I offer my life One before and Once after the Gospel

### **The Passion of our Lord Jesus Christ according to**

**Homily** Rev. Cathie

**Choir Anthem** Hosanna!.....Victor C. Johnson

### **The Doxology (The Offering) (BCP 380 Verse 3)**

**Praise God, from whom all blessings flow;  
praise him, all creatures here below;  
praise him above, ye heavenly host:  
praise Father, Son, and Holy Ghost.**

### **The Nicene Creed (BCP 358)**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

### **The Prayers of the People (Form 4 Pg. 388)**

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

*Silence*

Lord, in your mercy

**Hear our prayer.**

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

*Silence*

Lord, in your mercy

**Hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

*Silence*

Lord, in your mercy

**Hear our prayer.**

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

*Silence*

Lord, in your mercy

**Hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

*Silence*

Lord, in your mercy

**Hear our prayer.**

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

*Silence*

Lord, in your mercy

**Hear our prayer.**

Let us pray for our own needs and those of others. Please join in praying for those on our parish prayer list.

Lord, in your mercy

**Hear our prayer.**

In honor of the World Day of Prayer , let us pray.

**God of Righteousness, bless us and make us witnesses of peace and justice. Open our eyes so that we can see things as you do. Protect us from all forms of violence, hurt and revenge. We pray especially for women who are denied education and other basic rights; for women who are abused and suffer violence. We pray that our churches, as well as our governments, will create safe places for women. Help us to raise our voices and use our gifts and talents to help others. Lead us into a life worthy of our calling.**

***A moment of silence***

*Clergy:* Let us confess our sins against God and our neighbor.

**Most merciful God,**

**we confess that we have sinned against you**

**in thought, word, and deed,**

**by what we have done,**

**and by what we have left undone.**

**We have not loved you with our whole heart;**

**we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.**

**For the sake of your Son Jesus Christ,**

**have mercy on us and forgive us;**

**that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*Clergy:* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

## **The Peace**

### **Celebration of the Holy Eucharist Rite II (BCP 367)**

Celebrant: The Lord be with you.

**People: And also, with you.**

Celebrant: Lift up your hearts.

**People: We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

**People: It is right to give him thanks and praise.**

It is right, and a good and joyful thing, always and every- where to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

***Celebrant and People***

**Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son.

For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you:

This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

***Celebrant and People***

**We remember his death,**

**We proclaim his resurrection,**

**We await his coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all, presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Bartholomew and all your saints, we may enter the everlasting heritage of your sons and daughters, through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. *AMEN.*

And now as our Savior Christ taught us we are bold to pray

### **The Lord's Prayer**

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come, thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us not into temptation, but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

Christ our Passover is sacrificed for us; *Therefore let us keep the feast. [Alleluia.]*

### **THE INVITATION TO HOLY COMMUNION**

Since we cannot all receive communion in person together, let us make an act of spiritual communion.

**People: Grant, Lord Jesus Christ, that as the hem of your garment, touched in faith, healed the woman who could not touch your Body, so may our souls be fed and healed by like faith in you, whom we cannot now all sacramentally receive. We ask this through your tender mercy, who lives and reigns with the Father and the Holy Spirit, one God now and forever. Amen.**

**Holy Eucharist Music** I Come to the Cross.....J. Raney / B. Somma

### **Prayer After Communion**

Let us pray our prayer after communion.

**God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue forever in the risen life of Christ our Savior. Amen.**

### **Praise & Thanksgiving-**

### **THE BLESSING**

Go in peace; love and care for one another in the name of Christ; and may the Spirit of God which filled John and Jesus, fill your hearts, souls and minds; may the power of God which upheld them, strengthen you for each day; and may the love of God which directed their every action be your guiding light and your shining star, both now and forevermore ***Amen***

**Dismissal** Go in peace to Love and Serve the Lord **Thanks be to God. Alleluia! Alleluia! Alleluia!**

**Closing Hymn** #458 My Song is Love Unknown Verses 1-3, 7

**Postlude** All Glory, Laud, and Honor ....Jan Bender

## **Opening Hymn #154 (1982 Hymnal)**

**All glory, laud, and honor  
to you, Redeemer, King,  
to whom the lips of children  
made sweet hosannas ring.**

**You are the King of Israel  
and David's royal Son,  
now in the Lord's name coming,  
the King and Blessed One.**

**All glory, laud, and honor  
to you, Redeemer, King,  
to whom the lips of children  
made sweet hosannas ring.**

**2 The company of angels  
is praising thee on high;  
and we with all creation  
in chorus make reply.**

**All glory, laud, and honor  
to you, Redeemer, King,  
to whom the lips of children  
made sweet hosannas ring.**

**3 The people of the Hebrews  
with palms before you went;  
our praise and prayer and anthems  
before thee we present.**

**All glory, laud, and honor  
to you, Redeemer, King,  
to whom the lips of children  
made sweet hosannas ring.**

**4 To you before your passion  
they sang their hymns of praise;  
to you, now high exalted,  
our melody we raise.**

**All glory, laud, and honor  
to you, Redeemer, King,  
to whom the lips of children  
made sweet hosannas ring.**

**5 Thou didst accept their praises,  
accept the prayers we bring,  
who in all good delightest,  
thou good and gracious King!**

All glory, laud, and honor  
to you, Redeemer, King,  
to whom the lips of children  
made sweet hosannas ring.

**Gradual Hymn #663 (Celebration)**

Lord, I offer my life to You  
Everything I've been through,  
Use it for Your glory Lord,  
I offer my days to You.  
Lifting my praise to You  
As a pleasing sacrifice;  
Lord, I offer You my life.

**Closing Hymn #458 (1982 Hymnal) V 1-3,7**

My song is love unknown—  
my Savior's love to me;  
love to the loveless shown,

**that they might lovely be.**

**Oh, who am I, that for my sake  
my Lord should take frail flesh and die?**

**2 He came from His blest throne  
salvation to bestow;  
but men made strange, and none  
the longed for Christ would know.  
But oh, my Friend, my Friend indeed,  
who at my need His life did spend!**

**3 Sometimes they strew His way,  
and His strong praises sing;  
resounding all the day  
hosannas to their King.  
Then “Crucify!” is all their breath,  
and for His death they thirst and cry.**

**7 Here might I stay and sing—  
no story so divine!  
Never was love, dear King,  
never was grief like Thine.**

**This is my Friend,  
in whose sweet praise  
I all my days could gladly spend.**

# Prayer List-March 29, 2026

Virginia, Joan, Allan, Audrey, Evelyn, Rich, Rakesh, Sherri, Don, Kathleen, Margie, Susan, Cindy, Ava, Toby, Joseph, Tom, Mile, Ben, Terry, Marialyse, Ashley, Julie, Diane, Judy, Kevin, Ken, Mike, Jimmy, Carol, Teddy, Craig, John, Mariah, John, Bonnie, Trista, Bob, Bo, Mark, Beata, Bob, Alicia, Ryan, Lois, Tom, Trish, Lucas, Casey, Jimmy, Beth, Terry, Dan, Darco, Mike, Maggie, Art, Russell, Beth, Jim, Elaine, Diane, Lenny

For our nation that we may heal and join together.

For our President, Vice President, and all Elected Officials.

For all families suffering from the loss of a loved one.

Prayers for those who are suffering through any type of illness and those who care for them.

We pray for those suffering in our country and around the world.

We pray for those whose lives are forever changed because of senseless gun violence.

We pray for the people that have suffered damage and loss from wars and natural disasters.

We pray for the people of Israel and Palestine

We pray for peace between all nations, we pray for the people of Ukraine, Russia, and Iran.

We pray for all God's creatures and for the love they give to us.

Our Wardens, Vestry, All Ministry Teams,  
and all Parish members needing prayer.

*Please remember in your prayers the friends and families of our parishioners and neighbors who are serving in the military:*

**Bobby, USA, Nicholas, USMC, Miles, USA, Adam, USCG, Matthew, USAF**

## For a Birthday

O God, our times are in your hand: Look with favor, we pray, on your servant \_\_\_\_\_ as he/she begins another year. Grant that he/she may grow in wisdom and grace and strengthen his/her trust in your goodness all the days of his/her life, through Jesus Christ our Lord. Amen.

## For an Anniversary

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace. Through Jesus Christ our Lord, Amen.

# Worship Leaders Today

**Celebrant**-Rev. Dr. Cathie Sklenar-Studwell

**Music Director**-Soon Yeon Chung

**Lector** Ghada Harb

**Eucharistic Ministers**- Ghada Harb & Catherine Sommerfeld

**Ushers**-Kathy Gabrielle

**Tech Vergers**- Dave Gabrielle & Jay Studwell

**Finance**-Michael Gnerre

**Video Director**-Kathy Gabrielle

**Hospitality**-Kathy & Dave Gabrielle

[www.stbartshhk.org](http://www.stbartshhk.org) 201-444-5025

<https://www.facebook.com/70Sheridan>

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[St. Bartholomew's YouTube](#)



To watch on Facebook, go to the church Facebook page, [Like it and Follow It.](#)



To watch on YouTube, go to the church YouTube channel, and [Subscribe.](#)

## The Week Ahead at St. Bartholomew's

Office hours this week **Thursday and Friday 10:30-1:30.**

**Additional hours available by appointment.**

**Monday-Thursday Morning Prayer 9:15-9:45**

via Conference Call (339) 209-6277

### Save the Date

**Tuesday-Saturday-Holy Week-See Schedule**

**Tuesday-April 7-Spanish Class at Spirit House 7:00pm**

**Tuesday-April 14, Arts at St. Bart's & Planning Team Meeting  
7:15pm via Zoom**

**Tuesday-April 21 Spanish Class at Spirit House 7:00pm**

Please remember St. Bartholomew's in your giving.

Checks can be mailed or taken to church. Donations can be made via on-line giving.

[www.stbartshhk.com/pledge-donate](http://www.stbartshhk.com/pledge-donate)





# ST. BARTHOLOMEW'S EPISCOPAL CHURCH

70 Sheridan Avenue, Ho-Ho-Kus, NJ 07423



## FISH & CHIPS FUNDRAISER 2026 TUESDAY, MARCH 31, 2026

**WHERE:** St. Bartholomew's Parking Lot (70 Sheridan Ave., Ho-Ho-Kus)  
**TIME:** 5:00 P.M. - 7:00 P.M. **(PICK-UP ONLY)**  
**INCLUDES:** 8 oz. Cod Filet/or Chicken Tenders & French Fries & Cole Slaw

**Catered by Tastefully British**

**PRICE: \$25.00 EACH**

**Deadline to purchase tickets: FRIDAY, MARCH 20**

**PURCHASE VIA QR CODE ON LINE**



**OR PURCHASE VIA CHECK- COMPLETE BELOW FORM AND DETACH**  
**All Checks Made Payable to: St. Bartholomew's Episcopal Church**

**ORDER FORM (IF PAYING BY CHECK)**

**PLEASE FILL OUT AND DETACH - KEEP UPPER PORTION**

Mail or drop off Order Form with payment - St. Bartholomew's, 70 Sheridan Avenue, Ho-Ho-Kus, NJ 07423

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

<u>ITEM</u>	<u>QUANTITY</u>	<u>PRICE</u>	<u>TOTAL</u>
FISH & CHIPS (Adult)	( )	@25.00	_____
CHICKEN & CHIPS (Adult)	( )	@25.00	_____
GRAND TOTAL			_____

DATE PAID \_\_\_\_\_ AMOUNT \$ \_\_\_\_\_ CASH ( ) CHECK # \_\_\_\_\_

E-Mail us at [stbartshhk@gmail.com](mailto:stbartshhk@gmail.com) OR please call St. Bartholomew's Office at 201-444-5025

# *Holy Week at St. Bartholomew's*



*Holy Week*

## **Sunday-March 29**

Palm Sunday Worship 10am

## **Tuesday-March 31**

Fish and Chips Dinner 5:00-7:00pm

**Wednesday-April 1-Taize Service 7:30pm at Church**

**Thursday-April 2-Agape Meal 6:15pm at Church**

Foot washing and Eucharist 7:30pm

The watch 10pm-6am

**Friday-April 3-Stations of the Cross 12pm-1pm**

**Good Friday service-7:30pm**

**Saturday-April 4-Easter Vigil 7:30pm**

**Sunday-April 5-Easter Sunday Worship 10:00am**

THE ARTS AT ST. BART'S PRESENTS



# Jeff Lake & Cellophane Flowers



**PUTTING A NEW SPIN ON ROCK!**

Join us for this unique reinterpreted approach to the music of the Beatles and various artists.

**SUNDAY • APRIL 19, 2026 • 4:00 PM**

*Reception included after the show*



**TICKETS: \$40**

**AVAILABLE ONLINE OR BY CHECK.**

*Checks can be mailed to venue* →

**ST. BARTHOLOMEW'S  
EPISCOPAL CHURCH  
70 SHERIDAN AVENUE  
HO-HO-KUS, NJ 07423**



**St. Bart's  
Performing Arts**

**Spring Workshop**

# TRUNK SHOW

## WORKSHOP DETAILS

In an old trunk you discover a clock, a deck of cards, a teacup, a bunny, flamingo, or maybe even some painted roses. Where did they come from? What story do they tell?

Over five sessions, performers will build their own original characters and create a one-of-a-kind performance inspired by *Alice in Wonderland*. With mysterious objects pulled straight from a trunk, everyday items become magical moments brought to life onstage.

**GRADES:** 3 – 6

**WHEN:** 4/10, 4/17, 4/24, 5/1, 5/8 @ 3:30 - 5:00

**PERFORMANCE:** MAY 8, 2026 @ 6:30 PM



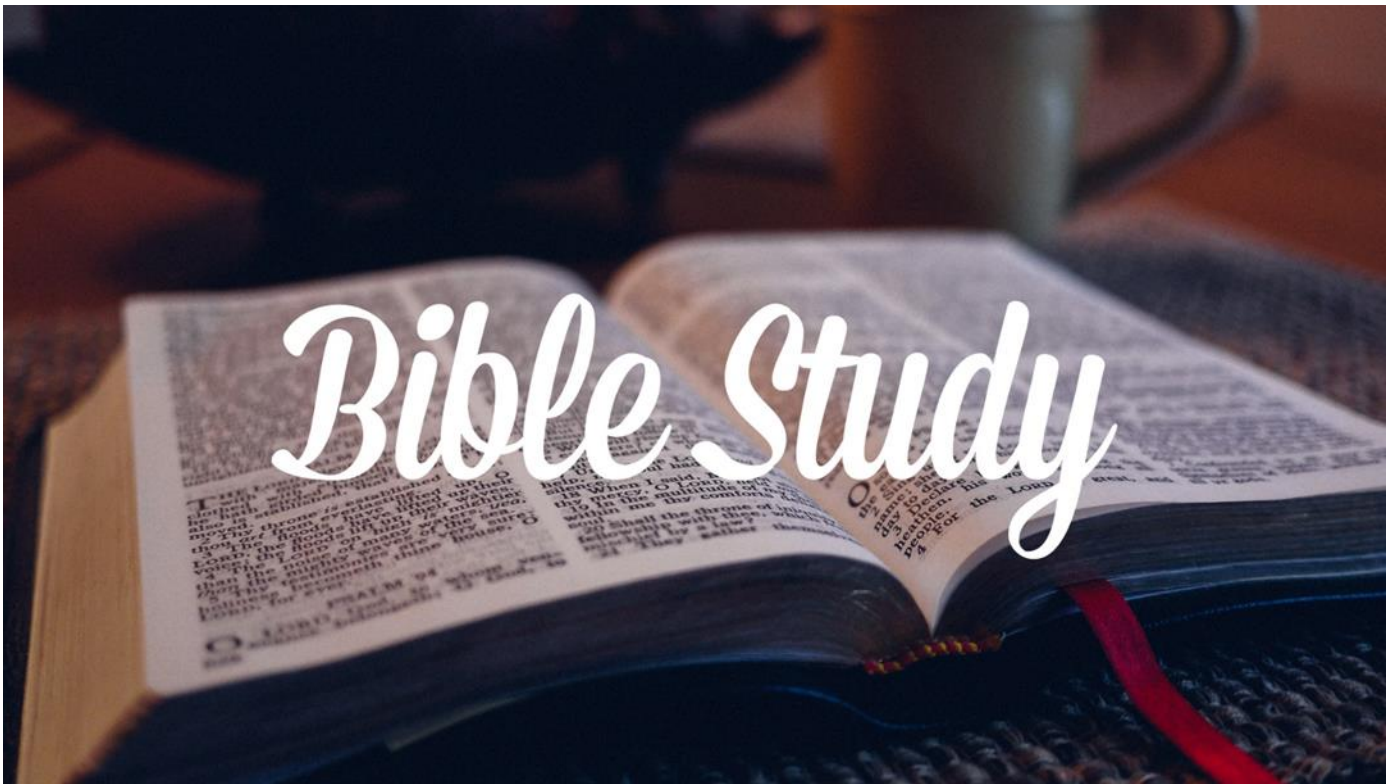
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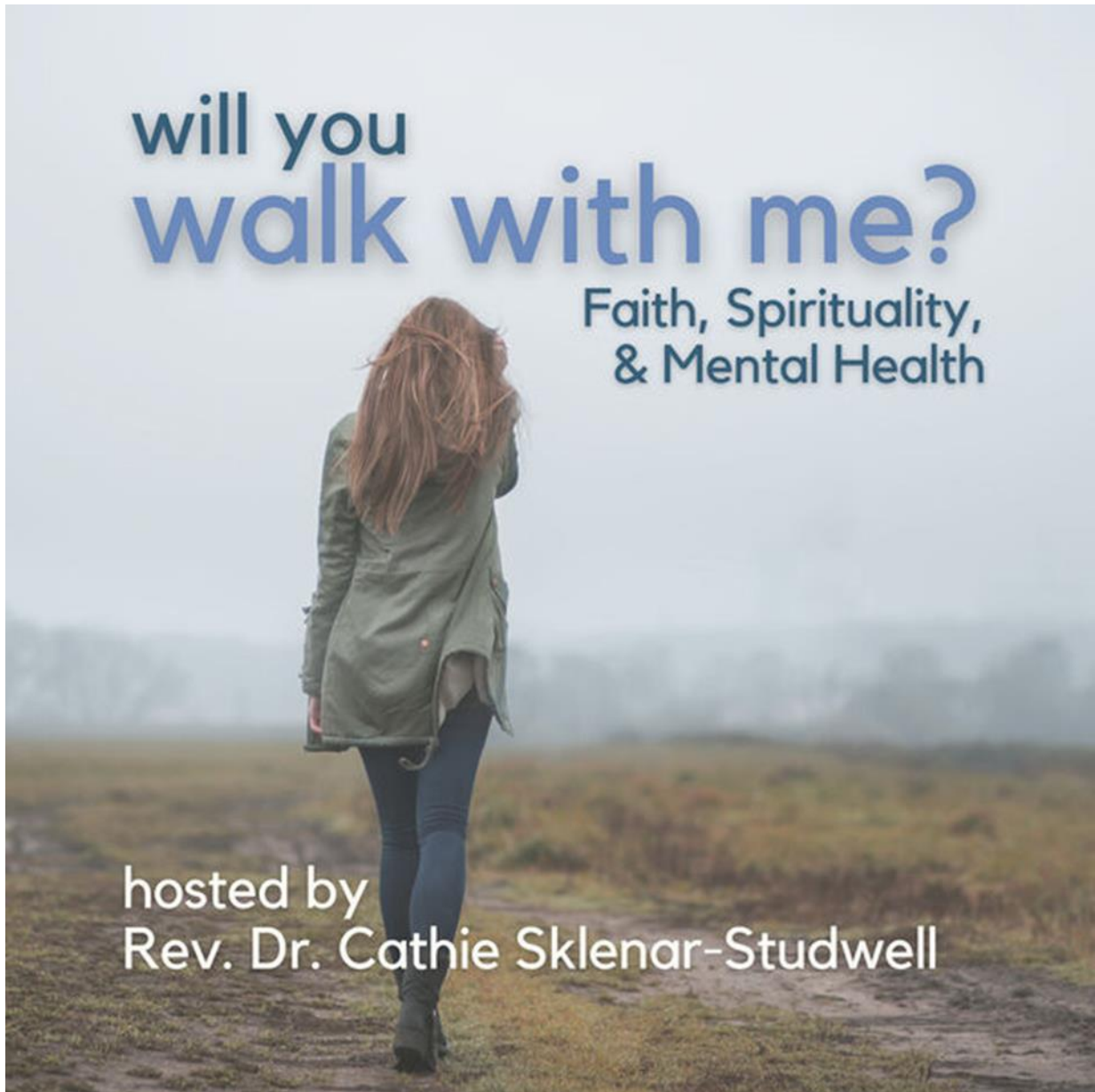
# Chair Yoga for Christians



**Yoga Classes will  
resume the week of  
April 13, 2026**



**Both the Wednesday  
and the Thursday  
classes will resume the  
week of April 13**



**You can listen to the podcast on**

**<https://podcast.willyouwalkwithme.com>**